



The Freighthouse Kids Menu



Breakfast

Farmhand's French Toast

One slice of homemade bread,
dipped in organic egg* batter 3.89

Plowman's Pancake

One fluffy pancake - animal shape
(or 4 silver dollar) with
local VT *maple syrup* 3.89

Blueberries or strawberries 1.50 ea.
Whipped cream 0.50

Scrambled Egg & Toast 2.99

"Green Eggs & Ham"

Organic pesto scrambled eggs*,
local *ham*, toast 7.89

Homemade Toast 1.50
for gluten-free bread +0.50

Local *bacon* or *ham* 3.59 ea.

VT Organic Applesauce* 3

DRINK MENU

All Natural Juice - apple, orange,
cranberry. Small \$1.75, large \$3.15

Milk, chocolate milk, hot chocolate,
lemonade. Sm. \$1.50, Lg. \$2.00

Italian Soda- strawberry, raspberry.
small \$1.75, large \$2.50

Starbucks (R) Steamers:

Hot steamed milk with flavor:
vanilla, marshmallow, coconut.

Lunch

Organic Burger

Certified organic *beef** burger with
fries or blue corn chips* 8.99
Add \$1.50 for cheese

Grilled Chugga Cheese

With organic cheese* on
homemade *bread* with chips* 6.99
Add local *ham* 8.99

Garden Grilled Chicken

With organic vegetable* 7.99

Kids' Tenders & Taters

Breaded chicken tenders, fries or
mashed potato & sweet corn* 8.99

Cannonball Express

Organic noodles, marinara,
organic meatballs*, parmesan 6.99

Cheesy Noodles

Noodles*, butter & parmesan 6.99

Prairie Pizzas

Organic english muffin* pizza,
made with marinara*
& organic cheese*, with fruit 4.50

Side of "Rails"

handcut fries \$2.50

Organic Vegetable* \$3

VT Organic Applesauce* \$3

Mashed Potato & Butter \$3

* Certified Organic.
Local items in italics.